



# May 2025 Training Calendar

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## Diary Dates:

- ⇒ **Inst BAS** due weekend of May 24 –25
- ⇒ **Advanced Training Saturday** May 10 at Walkerville PS 12.10—1.00 pm
- ⇒ **New Time for Advanced Training on Sundays.** 5.15 pm—6.10 pm open at 5.
- ⇒ **Hapkido & Stick Training Seminars** May 17 and May 24 12.00—1.00 PM
- ⇒ **Black Belt Grading Test DAN PT.** Saturday May 31 12.00 PM Start.
- ⇒ **DAN PT** Saturday May 31 12.00 PM. Application forms available now. Registrations close May 18.
- ⇒ **Confirmation for November Black Belt** Grading closing deadline Sunday June 15
- ⇒ **Colour Belt Grading Test** Saturday Jun 28

## HAPKIDO

& STICK FIGHTING SEMINARS

OPEN TO MEMBERS 9 YEARS AND OLDER

JOIN US FOR TWO EXCITING HAPKIDO SEMINARS DESIGNED FOR PRACTITIONERS OF ALL LEVELS!

WALKERVILLE PRIMARY SCHOOL GYM  
 159 STEPHENS TERRACE 12:00 - 1:00 PM  
 Saturday MAY 17 and MAY 24

HAPKIDO SELF DEFENCE MOVES & LONG STICK

Saturday MAY 17 and MAY 24

Attend 1 seminar: \$30    Attend 2 seminars: \$50

Sticks available on the day, but if you have your own, please bring it along.

Hapkido is a dynamic martial art that combines self-defence techniques, joint locks, throws, and strikes. It emphasizes circular motion and the use of an opponent's energy against them, making it effective for practitioners of all sizes.

Hapkido stick training helps develop coordination and balance while providing an engaging way to practise martial arts.

Don't Miss Out!

Register and pay on the day.

Saturday	Sunday
<b>3 May Hapkido &amp; Stick Training</b> 12..00 - 1.00 pm Andy Todd Hall, 388 Goodwood Road, Cumberland Park	<b>4 May</b> <div style="background-color: #cccccc; text-align: center; padding: 10px; color: #ff0000; font-weight: bold;">Training Cancelled</div>
<b>10 May Advanced Training</b> Brown, Red & Black Belt Class 12.10—1.00 pm Walkerville Primary School Gym 159 Stephen Tce, Walkerville	<b>11 May</b> <div style="background-color: #cccccc; text-align: center; padding: 10px; color: #ff0000; font-weight: bold;">Training Cancelled</div>
<b>17 May Hapkido &amp; Stick Training Seminar 1</b> 12..00 - 1.00 pm Walkerville Primary School Gym 159 Stephen Tce, Walkerville	<b>18 May Advanced Training</b> Brown, Red & Black Belt Class ★ <b>5.15- 6.00 pm</b> New Time CBC GYM 214 Wakefield Street, Adelaide
<b>24 May Hapkido &amp; Stick Training Seminar 2</b> 12..00 - 1.00 pm Walkerville Primary School Gym 159 Stephen Tce, Walkerville	<b>25 May Advanced Training</b> Brown, Red & Black Belt Class ★ <b>5.15- 6.00 pm</b> New Time CBC GYM 214 Wakefield Street, Adelaide <div style="background-color: black; color: white; text-align: center; padding: 5px; font-weight: bold; margin-top: 5px;">INST BAS DUE</div>
<b>31 May BLACK BELT GRADING &amp; DAN PT</b> 12..00 - 1.30 pm Walkerville Primary School Gym 159 Stephen Tce, Walkerville	<b>1 June Advanced Training</b> Brown, Red & Black Belt Class ★ <b>5.15- 6.00 pm</b> New Time CBC GYM 214 Wakefield Street, Adelaide

## Specialty Foods

8A / West Thebarton Rd

Thebarton

Ph : 08 8443 5444



WE ARE AN ACCREDITED  
GOOD SPORTS CLUB.

